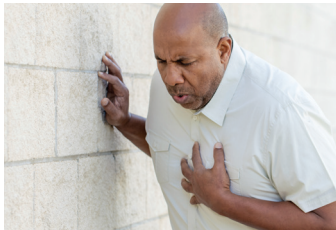


KNOWING THE COMMON SIGNS OF BLOOD CLOTS (THROMBOSIS) CAN HELP SAVE YOUR LIFE

BLOOD CLOTS CAN FORM IN THE LEG (DEEP VEIN THROMBOSIS) OR THE LUNG (PULMONARY EMBOLISM)

AN EASY WAY TO REMEMBER THE MOST COMMON SYMPTOMS IS:

C **L** **O** **T** **S**



CHEST PAIN

A blood clot in the lung causes it to swell, resulting in sharp chest pain when breathing.



LIGHT-HEADEDNESS

A blood clot in the lung causes light-headedness or dizziness, especially if large or multiple clots block blood flow to the lung.



OUT OF BREATH

A blood clot in the lung reduces the flow of oxygen throughout the body, which causes difficulty breathing.



LEG **T**ENDERNESS

A blood clot in the leg causes tenderness or cramping in the calf or behind the knee, as well as redness and warmth.



LEG **S**WELLING

A blood clot in the leg blocks blood flow to the veins that drain blood from the leg back to the heart. This causes the leg to swell.